

Gum yu je? (how are you)

The first month of 2021 has come and gone. We enter the second month (Feb. 2021) and almost a full year into the pandemic. There are a lot of things to think about and consider. We are coming to a conclusion with our Incident Command Team, and are working to what we need to do next as we end this month.

The first thing we must attend to is that the virus is still around and thus, you still need to:
1) Social distance; 2) Wash your hands; 3) Wear a mask; and 4) (optional, but critical) Get your vaccine.

The Orange Color Code is still in effect and we are still having people getting the virus. The Lodge is no longer available; and if you or your loved one(s) get the virus, or have symptoms; you need to get checked at the clinic. If positive, you need to be quarantined at home for at least 7-10 days. But, before anything happens, please be prepared for the time.

The kiosks, checkpoints will still be in operation until the 27th of February. As we stated before, we are working diligently to continue this, but it will be a challenge.

We want to thank all the people involved with our Incident Command Team, the Police Department, and all Departments that continued to provide services to our people through this time period. We want to thank the Indian Health Services for the continued work with the community, the vaccine pods. Also, we give our appreciation to the GCRC for allowing us to use the Hualapai Lodge for our people.

The Hualapai Tribal Administration remains open for you, Monday thru Friday, from 8 am to 5 pm with all the Covid-19 measures in place, it offers a safe protocol, you will need a mask and check in with the receptionist. Indicate your visit, and normally, you will be met by the person you need to see. We are discouraging wandering to see everyone in the building. Thank you for your understanding.

As we know, snow finally fell, like the sparkling blanket of hope that we seek. Although it has come and now gone, it laid across the landscape and we appreciated the precipitation in any form after we have endured the driest year on record. We dare to dream that this is the beginning of things to come - more rain, more vaccines, and the more ability to gather together. We must understand that a single snowfall won't end the drought. Nor will the other problems we face disappear quickly. We are working very hard on our efforts to obtain water. Even to the effect that we have to continue with our settlement on our Water Rights.

We are planning for this year with the same creativity, caution, and resilience that got us through last year, ready to continue adapting as we go along. This means many of our events are going to be planned in new ways, and often we set a date closer to the event to assess the current conditions and make a final decision on whether we can go forward or not.

As for council meetings, we are still allowing for KWLP to air the meetings. We also need to

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Special points of interest:

- Hualapai Tribal
 Utility Authority
 (HTUA) Board
 Meeting will be on
 Tuesday, February
 23, 2021 at 9:00
 a.m. at the Cultural Center.
- Regular Tribal
 Council Meeting
 will be on Satur day, March 6,
 2021. Tune into
 KWLP 100.9FM
 for broadcast.



be careful of the items being presented on the air. There are listeners throughout the country listening to our issues. At times we do have to enter into "Executive Session".

The reasons we enter into Executive Session are:

- To discuss legal issues and legal advice with the Tribes' attorneys and any pending litigation(s);
- 2. To discuss matters of financial disclosures of the Tribe;
- 3. For personnel matters of hiring, salary, and disciplinary issues; and
- 4. The protection of the Tribes' sovereignty, as a whole, is the key element of the reason we enter into executive session. There are listeners that are in the surrounding area of our broadcast and could use the information against the Tribe.

We are protecting the Tribe from any misuse of any information that is taken into the wrong hands.

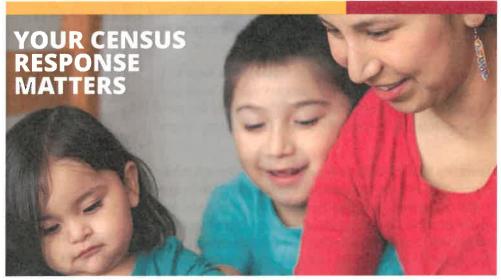
We do not make any formal motions in these sessions, if we make any decisions, it will be after we come into the regular session. If not, then we will not take any action. We will inform you during the meeting that we may go into Executive Session as we have done in the past. The two main issues that are in the mainstream are our Water Settlement and our Gaming issues. We are nearing the completion of both. Other than that, during our meetings with Grand Canyon Resort Corporation, we will enter into Executive Sessions on legal, personnel, and sensitive types of issues. Thank you for your understanding.

In closing, we know there is Hope and Trust in our minds and hearts. We must keep these in our hearts as we move forward. We have many fires to build upon to keep us warm and giving us light upon the time of the future. As doors open with the invitation to become healed, we cannot chase away our doubts and fears hidden in our minds. We seek the trust in the Creator and asked to be blessed every single day. We accept the things in our lives and giving back to the elements. Every day is new in its beginning and must trust that when we get to where we want and need to be, the doors of opportunity are there for us.

Hankyu.

United States Census • Your Census Response Matters

Submitted by: Kevin Davidson | Hualapai Planning Department





To apply for positions call 877-474-5226 or email denver.recruit@census.gov

Even though the 2020 Census is over, Field Representatives are still in your community visiting homes* to ensure an accurate and complete count**.

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Hualapai Cultural Resources • Green Arrow Gardening Project, Series #2

Submitted by: Marcie Craynon | Hualapai Department of Cultural Resources

Hualapai Green Arrow Gardening Project

"Pa qwi:d vasu gwe hwa:l jo"

Series #2, February 12, 2021

"Gardens don't just happen they are created; when you garden you become a creator of something very positive." As long as I can remember, gardening was a very important part of my life. We lived in the Hualapai Mountains and the trip to Kingman wasn't that convenient. It was not that unusual to save seeds from the previous year, we just didn't have access to plant stores or retail stores that readily sold seeds. Saving seeds was as much a part of the harvest, as preserving and putting up the produce from each year's garden season. We would dry seeds, batch them up in containers and put them in the freezer, refrigerator or cool storage. As you become familiar with the importance of seed saving, you too, will want to save the seeds that grew well in your garden. So, let's get started on how we too, can save seeds from each growing season.

Last year, was a difficult year for gardens in Arizona. The temperatures were above normal, and the wind played a big factor in how well the flowers were able to produce fruit. I grew a small crop of Navajo corn called "Bluebird." I grew this particular crop strictly to get seeds. Sometimes when the harvest is lean, it makes sense to grow crops just for the seeds. I have taken this measure on many occasions in the past, in order to get the seeds that I know do best in my garden.

Gardening is a fun activity for everyone to enjoy. If you keep your expectations in the limitations that you will be able to dedicate your time in the garden. You will be successful. First, find out what everyone would like to plant, harvest and eat. In the gardening annals of recorded Hualapai history, "Diamond Creek runs into the Colorado . . . the old Indians planted some pumpkins, corn, watermelon" (Reed Wellington, 25 May 1953, 3) One kind of thing that was raised there [Diamond Creek] was corn. The corn color was kind of bluish color, white streaks, Hualapai's had gardens before the white man came (Fred Mahone, 13 October 1952) ** American Indian Quarterly. These recollections make me want to know more, and practice the horticultural lifeways of how Hualapai's gardened. In my garden I would like, to see a variety of squash, pumpkins, corn, and some assorted melons. Let's take a moment and look at the back label of a seed packet.

The Name of the Plant
description of plant
(a map) with color code
zone map for when to plant
May – June (dark blue)
May – July (green)
April – August (yellow)

Hardiness:

full sun, moderate watering depth to plant, spacing for best growth, days to harvest

March - August (orange)

If we follow the zone that reflects the time to grow, our success for our seedlings to root without complications will be better. The hardiness helps to guide us as to where our plants will do the best. If full sun, then a westward direction will suit the plant. The packet will give directions on the depth to plant, how and when to space the seedlings growth. The time of planting will give you about when the plant will be ready for harvest! Gardens are created, give seeds a good start, by planning and following the guides that will make it successful!

There are commercial seeds that are manufactured plants, they are produced for the purpose of growing seedlings resistant to bacteria, fungus, and other plant pathogens. But the seeds usually don't produce a second grow season, that replicates the parent plant, these seeds can be GMO seeds. That's why it's important to buy seeds that are hardy and haven't been manufactured. Even if the seeds are heirloom, or

organic they can be difficult for they have the pathogens in the seed. But from experience, I have good experiences with organic seeds. In the past, we have purchased our seeds from Native Seed Search, these seeds are grown for the purpose of adapting to Arizona conditions.

I invite you come visit the Hualapai Cultural Garden, and get started with one of the raised beds that we have waiting for those that would like to start gardening this coming growing season. We will be having a virtual gardening workshop coming this spring. Keep in mind, that Mother Earth is waiting for you put your hands in the soil and start growing your own vegetables and have seeds as you harvest.

¹American Indian Quarterly



Hualapai Planning Department • Seeking One (1) TERC Member

Submitted by: Kevin Davidson | Hualapai Planning Department

The Great Spirit created Man and Woman in his own image. In doing so, both were created as equals. Both depending on each other in order to survive. Great respect was shown for each other; in doing so, happiness and contentment was achieved then, as it should be now.

The connecting of the Hair makes them one person; for happiness or contentment cannot be achieved without each other.

The Canyons are represented by the purples in the middle ground, where the people were created. These canyons are Sacred, and should be so treated at all times

The Reservation is pictured to represent the land that is ours, treat it well.



The Reservation is our heritage and the heritage of our children yet unborn. Be good to our land and it will continue to be good to us.

The Sun is the symbol of life, without it nothing is possible - plants don't grow - there will be no life - nothing. The Sun also represents the dawn of the Hualapai people. Through hard work, determination and education, everything is possible and we are assured bigger and brighter days ahead.

The Tracks in the middle represent the coyote and other animals which were here before us.

The Green around the symbol are pine trees, representing our name Hustapai - PEOPLE OF THE TALL PINES -

Hualapai Tribe

Department of Planning & Economic Development

P.O. Box 179/887 W. Highway 66, Peach Springs, Arizona 86434 Phone (928) 769-1310 * Fax (928) 769-1377

The Planning Department is Seeking One New TERC Member

Greetings Community Members:

The Planning Department is looking for one new applicant for the Tribal Environmental Review Commission (TERC) or Board of Commissioners. Below is a summary of what TERC is and what duties it perform.

Under the Hualapai Environmental Review Code (HERC), the Board of Commissioners has the primary authority, under the direction of the Hualapai Tribal Council, for regulating land use and development of Hualapai Tribal Lands. The Board of Commissioners is composed of seven (7) members who are appointed by the Tribal Council.

Their function is to review and regulate, including issuing permits for, all development activities that are proposed for any land site within Hualapai Tribal lands, in order to ensure that:

- (1) no development activity will be carried out without a permit; and
- (2) all development activities will be carried out in accordance with all applicable tribal and federal environmental protection laws and regulations.

If you are interested, you can pick up an application at the Hualapai Planning Department located at 887 Hwy 66 (next to 76 fuel station). You can also request an application be mailed or e-mailed to you. <u>The due date for applications is Thursday, February 25, 2021</u>. If you have any questions please feel free to contact me at 769-1310 or e-mail at: kdavidson@hualapai-nsn.gov

Respectfully,

Kevin Davidson, Director, Planning & Economic Development



Hualapai Tribal Nation Tribal Environmental Review Commission Application

Name:(Last)		(First)	(Middle)		
Address:					
PO F	fox #	City	State		Zip
lome Phone: ()		Message: ()	
mployer:	DI 👉 100 130				
lailing Address:					
-	Street/PO	City	State		Zip
our Title:		Business (Phon	e Number): (

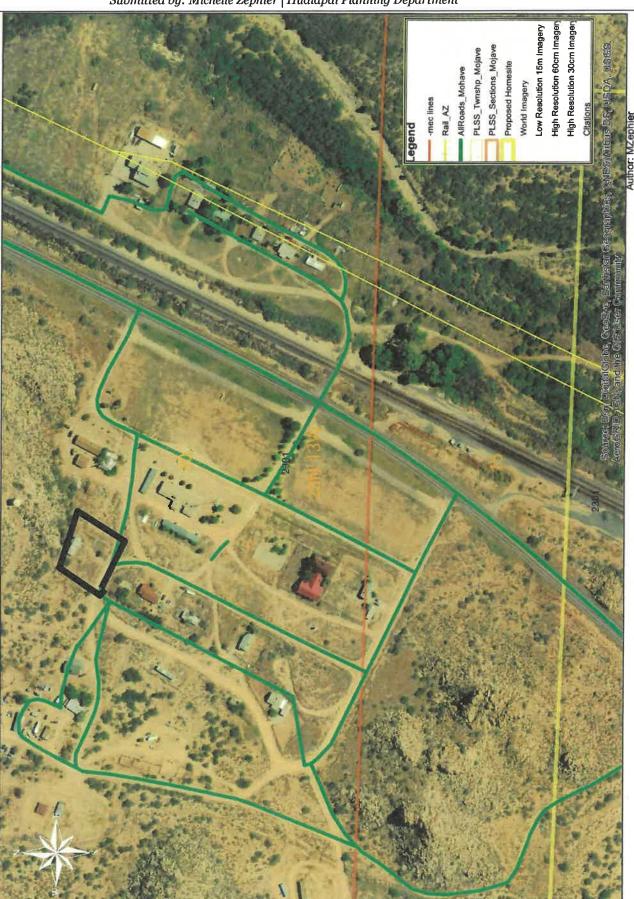
PLEASE DESCRIBE WHY YOU WOULD LIKE TO SERVE ON THIS COMMISSION?

IN WHAT WAY DO YOU FEEL YOU WILL BE OF BENEFIT TO THE PUBLIC BY SERVING ON THIS COMMISSION?

Are you available for evening meetings?YESNO
Are you available for morning meetings (9:00 AM)?YESNO
Are you available for lunch meetings?YESNO
Are there any days of the week you cannot make meetings?
MONDAYTUESDAYWEDNESDAYTHURSDAYFRIDAY
PLEASE NOTE:
THIS COMMISSION IS SUBJECT TO DISCLOSURE OF CONFLICTS OF INTEREST.
THE PLANNING OFFICE CAN SUPPLY YOU WITH COMPLETE INFORMATION ON THE DUTIES OF THE COMMISSION.
I HEREBY CERTIFY THAT THE ABOVE INFORMATION CONTAINED HEREIN IS TRUE AND ACCURATE TO THE BEST OF MY KNOWLEDGE.
Applicant's Signature

PLEASE RETURN TO: Hualapai Tribal Nation Planning Department Attn: Michelle Zephier 887 Highway 66/O Box 179 Peach Springs, AZ 86434

Public Notice for Proposed Homesite • Soloise Powskey Submitted by: Michelle Zephier | Hualapai Planning Department



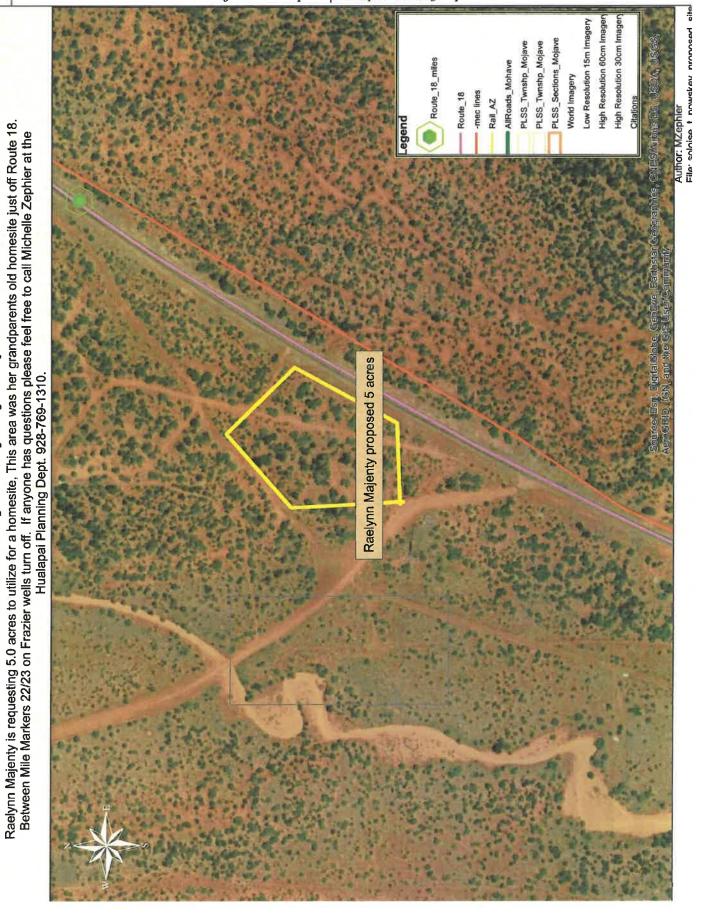
Soloise Powskey is requesting 1.0 acres to utilize for a homesite, This area was his grandparents old homesite just off Route 66 in Valentine area. If anyone has questions please feel free to call Michelle Zephier at the Hualapai Planning Dept. 928-769-1310.

Public Notice for Soloise Powskey Proposed Homesite



Public Notice for Raelynn Majenty Proposed Homesite

Public Notice for Proposed Homesite • Raelynn Majenty Submitted by: Michelle Zephier | Hualapai Planning Department



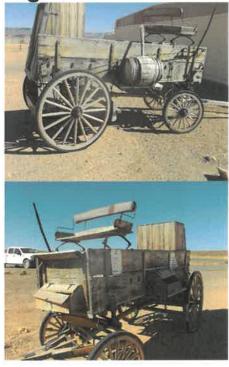
Grand Canyon Resort Corporation • Ranch Auction Submitted by: Nicholas Cabrera | Grand Canyon Resort Corporation

RANCH AUCTION

The Grand Canyon Resort Corporation is auctioning Ranch items.

Auction Opens: Jan. 29, 2021 | Auction Closes: Feb. 25, 2021 | Announcement: Mar. 1, 2021

Wagon One Bid #1901



Wagon 1

- Horse Drawn
- As-Is condition
- Bidder is responsible for pick-up

REQUIREMENTS:

- A minimum bid of \$200
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Bid #1901
- Full Name
- **Contact Number**
- Amount of bid, no less than \$200

Wagon Two Bid #1902



Wagon 2

- Ornamental Only
- As-Is condition
- Bidder is responsible for pick-up

REQUIREMENTS:

- A minimum bid of \$20
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Bid #1902
- Full Name
- Contact Number
- Amount of bid, no less than \$20

Bids may be mailed to:

Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

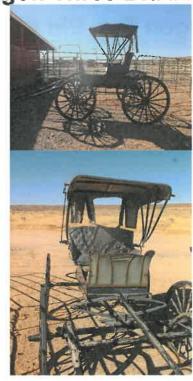
Or hand delivered to: Administrative office - Procurement Dept in Peach Springs. Bids must be in a sealed envelope. All interested bidders are welcome to inspect the item. For more information, you may contact the Hualapai Ranch at (928) 297-0950



The Grand Canyon Resort Corporation is auctioning Ranch items.

Auction Opens: Jan. 29, 2021 | Auction Closes: Feb. 25, 2021 | Announcement: Mar. 1, 2021

Wagon Three Bid #1903



Wagon 3

- Ornamental, Horse Drawn
- As-Is condition
- Bidder is responsible for pick-up

REQUIREMENTS:

- A minimum bid of \$100
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Bid #1903
- Full Name
- Contact Number
- Amount of bid, no less than \$100

Wagon Four Bid #1904



Wagon 4

- As-Is condition
- Bidder is responsible for pick-up

REQUIREMENTS:

- A minimum bid of \$200
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Bid #1904
- Full Name
- Contact Number
- Amount of bid, no less than \$200

Bids may be mailed to:

Grand Canvon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

Or hand delivered to: Administrative office - Procurement Dept in Peach Springs. Bids must be in a sealed envelope. All interested bidders are welcome to inspect the item. For more information, you may contact the Hualapai Ranch at (928) 297-0950

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RANCH AUCTION

The Grand Canyon Resort Corporation is auctioning Ranch items.

Auction Opens: Jan. 29, 2021 | Auction Closes: Feb. 25, 2021 | Announcement: Mar. 1, 2021

Wagon Five Bid #1905



Wagon 5

- As-Is condition
- Bidder is responsible for pick-up

REQUIREMENTS:

- A minimum bid of \$200
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Bid #1905
- Full Name
- Contact Number
- Amount of bid, no less than \$200

Wagon Six Bid #1906



Wagon 6

- As-Is condition
- Bidder is responsible for pick-up

REQUIREMENTS:

- A minimum bid of \$200
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Bid #1906
- Full Name
- Contact Number
- Amount of bid, no less than \$200

Bids may be mailed to:

Grand Canvon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

Or hand delivered to: Administrative office - Procurement Dept in Peach Springs. Bids must be in a sealed envelope. All interested bidders are welcome to inspect the item. For more information, you may contact the Hualapai Ranch at (928) 297-0950



The Grand Canyon Resort Corporation is auctioning Ranch items.

Auction Opens: Jan. 29, 2021 | Auction Closes: Feb. 25, 2021 | Announcement: Mar. 1, 2021

Wagon Seven Bid #1907



Wagon 7

- As-Is condition
- Bidder is responsible for pick-up

REQUIREMENTS:

- A minimum bid of \$50
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Bid #1907
- Full Name
- Contact Number
- Amount of bid, no less than \$50

Wagon Eight Bid #1908



2008 Wagon

- Ornamental Only
- As-Is condition
- Bidder is responsible for pick-up

REQUIREMENTS:

- A minimum bid of \$20
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Bid #1908
- Full Name
- Contact Number
- Amount of bid, no less than \$20

Bids may be mailed to:

Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

Or hand delivered to: Administrative office - Procurement Dept in Peach Springs. Bids must be in a sealed envelope. All interested bidders are welcome to inspect the item. For more information, you may contact the Hualapai Ranch at (928) 297-0950

The Grand Canyon Resort Corporation is auctioning Ranch items.

Auction Opens: Jan. 29, 2021 | Auction Closes: Feb. 25, 2021 | Announcement: Mar. 1, 2021

Wagon Nine Bid #1909



Wagon 9

- Ornamental Only
- As-Is condition
- Bidder is responsible for pick-up

REQUIREMENTS:

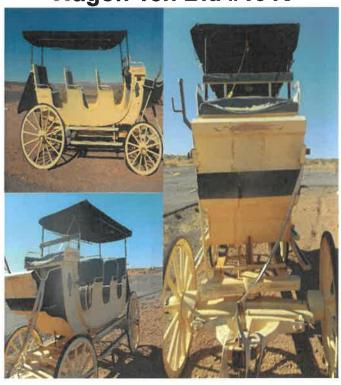
- A minimum bid of \$50
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Bid #1909
- Full Name
- Contact Number
- Amount of bid, no less than \$50

Wagon Ten Bid #1910



2008 Wagon

- As-Is condition
- Bidder is responsible for pick-up

REQUIREMENTS:

- A minimum bid of \$300
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Bid #1910
- Full Name
- Contact Number
- Amount of bid, no less than \$300

Bids may be mailed to:

Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

Or hand delivered to: Administrative office - Procurement Dept in Peach Springs. Bids must be in a sealed envelope. All interested bidders are welcome to inspect the item. For more information, you may contact the Hualapai Ranch at (928) 297-0950



The Grand Canyon Resort Corporation is auctioning Water and Food tanks.

Each photo has a Bid #

Auction Opens: Jan. 29, 2021 | Auction Closes: Feb. 25, 2021 | Announcement: Mar. 1, 2021



BID #1911 one available. \$15



BID #1912 two available, One has holes near top. \$10



BID #1913 one available. \$30



BID #1914 one available. \$15



BID #1915 six available. \$10



BID #1917 one available. \$30 each



BID #1918 one available.

Winning Bidder is responsible for pick up.

REQUIREMENTS:

- A minimum bid of amount listed under item #
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Correct Bid #
- Full Name
- Contact Number
- Amount of bid, no less than listed amount

Bids may be mailed to:

Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

Or hand delivered to:

Administrative office - Procurement Dept in Peach Springs. Bids must be in a sealed envelope.

All interested bidders are welcome to inspect the item. For more information, you may contact the Hualapai Ranch at (928) 297-0950

The Grand Canyon Resort Corporation is auctioning Miscellaneous Items.

Each photo has a Bid #

Auction Opens: Jan. 29, 2021 | Auction Closes: Feb. 25, 2021 | Announcement: Mar. 1, 2021



BID #1919 one available. \$20



BID #1920 one available, \$5



BID #1921 one available. \$10



BID #1922 one available. \$50



BID #1923 one available. \$20



BID #1924 one available. \$30 each

Winning Bidder is responsible for pick up.



BID #1918 one available. \$20



BID #1926, one available. \$5

REQUIREMENTS:

- A minimum bid of amount listed under item #
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Correct Bid #
- Full Name
- Contact Number
- Amount of bid, no less than listed amount

Bids may be mailed to:

Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

Or hand delivered to:

Administrative office - Procurement Dept in Peach Springs. Bids must be in a sealed envelope. All interested bidders are welcome to inspect the item. For more information, you may contact the Hualapai Ranch at (928) 297-0950



The Grand Canyon Resort Corporation is auctioning Miscellaneous Items. Each photo has a Bid #

Auction Opens: Jan. 29, 2021 | Auction Closes: Feb. 25, 2021 | Announcement: Mar. 1, 2021



BID #1927 one available. \$10



BID #1912 one available \$5



BID #1929 one available. \$5



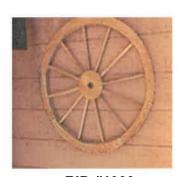
BID #1930 one available. \$20



BID #1931 one available. \$5



BID #1932 one available. \$15



BID #1933 one available. \$5



BID #1934

Winning Bidder is responsible for pick up.

REQUIREMENTS:

- A minimum bid of amount listed under item #
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Correct Bid #
- Full Name
- Contact Number
- Amount of bid, no less than listed amount

Bids may be mailed to:

Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

Or hand delivered to:

Administrative office - Procurement Dept in Peach Springs. Bids must be in a sealed envelope. All interested bidders are welcome to inspect the item. For more information, you may contact the Hualapai Ranch at (928) 297-0950

Grand Canyon Resort Corporation • Vehicle Auction

Submitted by: Nicholas Cabrera | Grand Canyon Resort Corporation

VEHICLE AUCTION

The Grand Canyon Resort Corporation is auctioning a fleet vehicle.

Auction Opens: Jan. 29, 2021 | Auction Closes: Feb. 25, 2021 | Announcement: Mar. 1, 2021

Vehicle Bid #1832



2006 Ford Expedition

- Mileage at least 213,734
- AS IS Condition
- Suspension changed from airbags to springs.
- Suspension system warning always on, reset after starting.
- Ride is uneasy and swerves easily.
- Sticky doors

Vehicle Bid #1833



2008 Ford E350 Van

- Mileage at least 230,229
- AS IS Condition
- Blown motor
- Winning bidder responsible for towing off site

REQUIREMENTS:

- A minimum bid of \$500
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Vehicle Bid #1832
- Full Name
- Contact Number
- Amount of bid, no less than \$500

REQUIREMENTS:

- A minimum bid of \$100
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Vehicle Bid #1833
- Full Name
- Contact Number
- Amount of bid, no less than \$100

Bids may be mailed to: Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

Or hand delivered to: Administrative office - Procurement Dept in Peach Springs. Bids must be in a sealed envelope. All interested bidders are welcome to inspect the vehicle. For more information, you may contact the Fleet Manager at (928) 275-8633



The Grand Canyon Resort Corporation is auctioning a fleet vehicle.

Auction Opens: Jan. 29, 2021 | Auction Closes: Feb. 25, 2021 | Announcement: Mar. 1, 2021

Vehicle Bid #1834



2011 Ford F250 Super Duty

- Mileage at least 127,992
- AS IS Condition
- Check engine light on
- Really rough shape
- AC works
- Dirty inside
- Rear tire down
- Former maintenance truck

Vehicle Bid #1838



2012 Chevy Silverado

- Mileage at least 155,375
- AS IS Condition
- Needs transmission
- Front driver's seat worn
- Very good shape

REQUIREMENTS:

- A minimum bid of \$800
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Vehicle Bid #1834
- Full Name
- Contact Number
- Amount of bid, no less than \$800

REQUIREMENTS:

- A minimum bid of \$1000
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Vehicle Bid #1838
- Full Name
- Contact Number
- Amount of bid, no less than \$1000

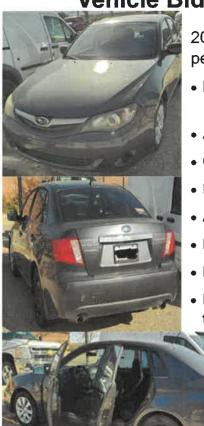
Bids may be mailed to: Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

Or hand delivered to: Administrative office - Procurement Dept in Peach Springs. Bids must be in a sealed envelope. All interested bidders are welcome to inspect the vehicle. For more information, you may contact the Fleet Manager at (928) 275-8633

The Grand Canyon Resort Corporation is auctioning a fleet vehicle.

Auction Opens: Jan. 29, 2021 | Auction Closes: Feb. 25, 2021 | Announcement: Mar. 1, 2021

Vehicle Bid #1839



2011 Ford F250 Super Duty

- Mileage at least 127.992
- AS IS Condition
- Check engine light on
- Really rough shape
- AC works
- · Dirty inside
- Rear tire down
- Former maintenance truck

REQUIREMENTS:

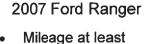
- A minimum bid of \$1000
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Vehicle Bid #1839
- Full Name
- Contact Number
- Amount of bid, no less than \$1000

Vehicle Bid #1841



- 174,871

 AS IS Condition
- Passenger outer door handle broke
- Former Security truck
- Rough condition
- Barely runs





REQUIREMENTS:

- A minimum bid of \$100
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Vehicle Bid #1841
- Full Name
- Contact Number
- Amount of bid, no less than \$100

Bids may be mailed to: Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

Or hand delivered to: Administrative office - Procurement Dept in Peach Springs. Bids must be in a sealed envelope. All interested bidders are welcome to inspect the vehicle. For more information, you may contact the Fleet Manager at (928) 275-8633



The Grand Canyon Resort Corporation is auctioning a fleet vehicle.

Auction Opens: Jan. 29, 2021 | Auction Closes: Feb. 25, 2021 | Announcement: Mar. 1, 2021

Vehicle Bid #1843



2012 Ford F150 4x4

- Mileage at least 166,821
- AS IS Condition
- Running on 6 cylinders only
- Former Security truck
- Rough inside
- Body damage

Vehicle Bid #1844



- Mileage at least 166,821
- AS IS Condition
- Running on 6 cylinders only
- Former Security truck
- Rough inside
- Body damage

REQUIREMENTS:

- A minimum bid of \$500
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Vehicle Bid #1843
- Full Name
- Contact Number
- Amount of bid, no less than \$500

REQUIREMENTS:

- A minimum bid of \$500
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Vehicle Bid #1844
- Full Name
- Contact Number
- Amount of bid, no less than \$500

Bids may be mailed to: Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

Or hand delivered to: Administrative office - Procurement Dept in Peach Springs. Bids must be in a sealed envelope. All interested bidders are welcome to inspect the vehicle. For more information, you may contact the Fleet Manager at (928) 275-8633

The Grand Canyon Resort Corporation is auctioning a fleet vehicle.

Auction Opens: Jan. 29, 2021 | Auction Closes: Feb. 25, 2021 | Announcement: Mar. 1, 2021

Vehicle Bid #1845



2011 Ford E350 Van

- Mileage at least 273,899
- AS IS Condition
- Former shuttle
- Shakes and noisy suspension
- A/C does not blow out of front vents
- Low gears lack power
- Rough shape

Vehicle Bid #1849



2012 Ford Transit Connect Van

- Mileage at least 161,658
- AS IS Condition
- Check Engine light on
- Former Food hauler
- Smells inside
- Rough Condition, key broken
- Sliding door rails bent

REQUIREMENTS:

- A minimum bid of \$200
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Vehicle Bid #1845
- Full Name
- Contact Number
- Amount of bid, no less than \$200

REQUIREMENTS:

- A minimum bid of \$100
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Vehicle Bid #1849
- Full Name
- Contact Number
- Amount of bid, no less than \$100

Bids may be mailed to: Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

Or hand delivered to: Administrative office - Procurement Dept in Peach Springs. Bids must be in a sealed envelope. All interested bidders are welcome to inspect the vehicle. For more information, you may contact the Fleet Manager at (928) 275-8633



The Grand Canyon Resort Corporation is auctioning a fleet vehicle.

Auction Opens: Jan. 29, 2021 | Auction Closes: Feb. 25, 2021 | Announcement: Mar. 1, 2021

Vehicle Bid #1850



2011 Ford F250 4x4 Crew Cab

- Mileage at least 219,225
- AS IS Condition
- Check Engine light on
- AC works
- Rough condition
- Body damage/rear door crushed in
- · Rough interior

Vehicle Bid #1853



- Mileage at least 199,474
- AS IS Condition
- A/C blows cold
- New battery
- New blower motor
- Recently serviced
- Needs suspension work

REQUIREMENTS:

- A minimum bid of \$1000
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Vehicle Bid #1850
- Full Name
- Contact Number
- Amount of bid. no less than \$1000

REQUIREMENTS:

- A minimum bid of \$700
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Vehicle Bid #1853
- Full Name
- Contact Number
- Amount of bid, no less than \$700

Bids may be mailed to: Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

Or hand delivered to: Administrative office - Procurement Dept in Peach Springs. Bids must be in a sealed envelope. All interested bidders are welcome to inspect the vehicle. For more information, you may contact the Fleet Manager at (928) 275-8633

The Grand Canyon Resort Corporation is auctioning a fleet vehicle.

Auction Opens: Jan. 29, 2021 | Auction Closes: Feb. 25, 2021 | Announcement: Mar. 1, 2021

Vehicle Bid #1854



2011 Chevy 3500 4x4 Diesel, Dually

- Mileage at least 129,272
- Motor Issues
- AS IS Condition
- Check engine light on
- Former boat hauler/ snowplow
- Plow removed

Vehicle Bid #1855



2003 Thomas School Bus

- Mileage at least 94,284
- AS IS Condition
- Parts only
- Left windows open to weather
- Winning bidder is responsible for towing vehicle off property

REQUIREMENTS:

- A minimum bid of \$1000
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Vehicle Bid #1854
- Full Name
- Contact Number
- Amount of bid, no less than \$1000

REQUIREMENTS:

- A minimum bid of \$1500
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Vehicle Bid #1855
- Full Name
- Contact Number
- Amount of bid, no less than \$1500

Bids may be mailed to: Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

Or hand delivered to: Administrative office - Procurement Dept in Peach Springs. Bids must be in a sealed envelope. All interested bidders are welcome to inspect the vehicle. For more information, you may contact the Fleet Manager at (928) 275-8633



The Grand Canyon Resort Corporation is auctioning a fleet vehicle.

Auction Opens: Jan. 29, 2021 | Auction Closes: Feb. 25, 2021 | Announcement: Mar. 1, 2021

Vehicle Bid #1856

2014 International School Bus

- Mileage Unknown
- AS IS Condition
- Parts only
- Left windows open to weather
- Winning bidder is responsible for towing vehicle off property

Vehicle Bid #1857



2001 International School Bus

- Mileage Unknown
- AS IS Condition
- Parts only
- Left windows open to weather
- Winning bidder is responsible for towing vehicle off property

REQUIREMENTS:

- A minimum bid of \$2000
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Vehicle Bid #1856
- Full Name
- Contact Number
- Amount of bid, no less than \$2000

REQUIREMENTS:

- A minimum bid of \$1500
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Vehicle Bid #1857
- Full Name
- Contact Number
- · Amount of bid, no less than \$1500

Bids may be mailed to: Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

Or hand delivered to: Administrative office - Procurement Dept in Peach Springs. Bids must be in a sealed envelope. All interested bidders are welcome to inspect the vehicle. For more information, you may contact the Fleet Manager at (928) 275-8633

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VEHICLE AUCTION

The Grand Canyon Resort Corporation is auctioning a fleet vehicle.

Auction Opens: Jan. 29, 2021 | Auction Closes: Feb. 25, 2021 | Announcement: Mar. 1, 2021

Vehicle Bid #1859

2011 Ford F250 4x4



- AS IS Condition
- Recently Serviced
- Minor body damage
- Former courier truck

REQUIREMENTS:

- A minimum bid of \$1000
- Must be an enrolled Hualapai Tribal Member
- Bid must be received by 5PM on Feb 25, 2021

SUBMITTING YOUR BID:

Please submit your bid, along with the following information:

- Vehicle Bid #1859
- Full Name
- Contact Number
- Amount of bid, no less than \$1000

Bids may be mailed to: Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

Or hand delivered to: Administrative office - Procurement Dept in Peach Springs. Bids must be in a sealed envelope. All interested bidders are welcome to inspect the vehicle. For more







Information about the Moderna COVID-19 Vaccine

Updated Jan. 25, 2021 | More Information for Healthcare Professionals

GENERAL INFORMATION

Name: mRNA-1273

Manufacturer: ModernaTX, Inc.

Type of vaccine: mRNA

Number of shots: 2 shots, one month (28 days) apart How given: Shot in the muscle of the upper arm Does not contain: Eggs, Preservatives or Latex

For a full list of ingredients, see Moderna's COVID-19 Vaccine Fact Sheet for Recipients and Caregivers at https://www.fda.gov/media/144638/download

Who should get vaccinated

The Moderna vaccine is recommended for people aged 18 years and older. Learn more about how CDC is making COVID-19 vaccine recommendations and who should be vaccinated first when supplies are limited.

Who should not get vaccinated

If you have had a severe allergic reaction (anaphylaxis) or an immediate allergic reaction—even if it was not severe—to any ingredient in an mRNA COVID-19 vaccine, you should not get an mRNA COVID-19 vaccine.*

If you have had a severe allergic reaction (anaphylaxis) or an immediate allergic reaction—even if it was not severe—after getting the first dose of the vaccine, you should not get another dose of an mRNA COVID-19 vaccine.*

An immediate allergic reaction means a reaction within 4 hours of getting vaccinated, including symptoms such as hives, swelling, or wheezing (respiratory distress).

This includes allergic reactions to polyethylene glycol (PEG) and polysorbate. Polysorbate is not an ingredient in either mRNA COVID-19 vaccine but is closely related to PEG, which is in the vaccines. People who are allergic to PEG or polysorbate should not get an mRNA COVID-19 vaccine.

Learn more about COVID-19 vaccines and allergic reactions at: https://www.cdc.gov/coronavirus/2019-ncov/vaccines/safety/allergic-reaction.html

*If you have had an immediate allergic reaction—even if the reaction was not severe—to a vaccine or injectable therapy for another disease, ask your doctor if you should get a COVID-19 vaccine. Your doctor will help

you decide if it is safe for you to get vaccinated.

Side effects

Most common side effects

In the arm where you got the shot: Pain, Swelling, Red-

nes

<u>Throughout the rest of your body</u>: Chills, Tiredness, Headache

These side effects usually start within a day or two of getting the vaccine. They might feel like flu symptoms and might even affect your ability to do daily activities,

but they should go away in a few days. Get tips on what

to expect after getting vaccinated.

Summary of safety data

- In clinical trials, reactogenicity symptoms (side effects that happen within 7 days of getting vaccinated) were common but were mostly mild to moderate.
- Side effects (such as fever, chills, tiredness, and headache) throughout the body were more common after the second dose of the vaccine.
- Most side effects were mild to moderate. However, a small number of people had severe side effects that affected their ability to do daily activities.
- CDC will continue to provide updates as we learn more about the safety of the Moderna vaccine in real-world conditions. Learn more about vaccine safety monitoring after a vaccine is authorized or approved for use at: https://www.cdc.gov/coronavirus/2019-ncov/vaccines/safety.html

Learn more about safety and reactogenicity data from the clinical trials at: https://www.cdc.gov/vaccines/covid-19/info-by-product/moderna/reactogenicity.html

Information on how well the vaccine works

- Based on evidence from clinical trials, the Moderna vaccine was 94.1% effective at preventing laboratory-confirmed COVID-19 illness in people who received two doses who had no evidence of being previously infected.
- The vaccine appeared to have high effectiveness in clinical trials (efficacy) among people of diverse age, sex, race, and ethnicity categories and among persons with underlying medical conditions.

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Information about the Pfizer-BioNTech COVID-19 Vaccine

Updated Jan. 25, 2021 | More Information for Healthcare Professionals

GENERAL INFORMATION

Name: BNT162b2

Manufacturer: Pfizer, Inc., and BioNTech

Type of vaccine: mRNA

Number of shots: 2 shots, 21 days apart

How given: Shot in the muscle of the upper arm **Does not contain:** Eggs, Preservatives, Latex

For a full list of ingredients, see Pfizer's COVID-19 Vaccine Fact Sheet for Recipients and Caregivers at: https://www.fda.gov/media/144414/download

Who should get vaccinated

The Pfizer-BioNTech vaccine is recommended for people aged 16 years and older. Learn more about how CDC is making COVID-19 vaccine recommendations and who should be vaccinated first when supplies are limited.

Who should not get vaccinated

If you have had a severe allergic reaction (anaphylaxis) or an immediate allergic reaction—even if it was not severe—to any ingredient in an mRNA COVID-19 vaccine, you should not get an mRNA COVID-19 vaccine.* If you have had a severe allergic reaction (anaphylaxis) or an immediate allergic reaction—even if it was not severe—after getting the first dose of the vaccine, you should not get another dose of an mRNA COVID-19 vaccine.*

An immediate allergic reaction means a reaction within 4 hours of getting vaccinated, including symptoms such as hives, swelling, or wheezing (respiratory distress).

This includes allergic reactions to polyethylene glycol (PEG) and polysorbate. Polysorbate is not an ingredient in either mRNA COVID-19 vaccine but is closely related to PEG, which is in the vaccines. People who are allergic to PEG or polysorbate should not get an mRNA COVID-19 vaccine.

Learn more about COVID-19 vaccines and allergic reactions at: https://www.cdc.gov/coronavirus/2019-ncov/vaccines/safety/allergic-reaction.html

*If you have had an immediate allergic reaction—even if the reaction was not severe—to a vaccine or injectable therapy for another disease, ask your doctor if you should get a COVID-19 vaccine. Your doctor will help

you decide if it is safe for you to get vaccinated.

Side effects

Most common side effects

In the arm where you got the shot: Pain, Swelling, Red-

ness

Throughout the rest of your body: Chills, Tiredness,

Headache

These side effects usually start within a day or two of getting the vaccine. They might feel like flu symptoms and might even affect your ability to do daily activities, but they should go away in a few days. Get tips on what to expect after getting vaccinated.

Summary of safety data

- In clinical trials, reactogenicity symptoms (side effects that happen within 7 days of getting vaccinated) were common but were mostly mild to moderate.
- Side effects (such as fever, chills, tiredness, and headache) throughout the body were more common after the second dose of the vaccine.
- Most side effects were mild to moderate. However, a small number of people had severe side effects defined as side effects affecting a person's ability to do daily activities.
- Although few people in the clinical trials went to the hospital or died, data suggest that people who got the Pfizer-BioNTech vaccine were less likely to have these more serious outcomes compared to people who got the saline placebo.
- CDC will continue to provide updates as we learn more about the safety of the Pfizer-BioNTech vaccine in real-world conditions. Learn more about vaccine safety monitoring after a vaccine is authorized or approved for use.

Information on how well the vaccine works

- Based on evidence from clinical trials, the Pfizer-BioNTech vaccine was 95% effective at preventing laboratory-confirmed COVID-19 illness in people without evidence of previous infection.
- CDC will continue to provide updates as we learn more about how well the Pfizer-BioNTech vaccine works in real-world conditions.

Cdc.gov/coronavirus/2019-ncov/vaccines/different-vaccines/Moderna.html

Benefits of Getting a COVID-19 Vaccine

Updated Jan. 5, 2021 | cdc.gov/coronavirus/2019-ncov/vaccines/vaccine-benefits.html

We understand that some people may be concerned about getting vaccinated now that COVID-19 vaccines are available in the United States. While more COVID-19 vaccines are being developed as quickly as possible, routine processes and procedures remain in place to ensure the safety of any vaccine that is authorized or approved for use. Safety is a top priority, and there are many reasons to get vaccinated.

Can a COVID-19 vaccine make me sick with COVID-19?

No. None of the COVID-19 vaccines contain the live virus that causes COVID-19 so a COVID-19 vaccine cannot make you sick with COVID-19. Below is a summary of the benefits of COVID-19 vaccination based on what we currently know. CDC will continue to update this page as more data become available.

COVID-19 vaccination will help keep you from getting COVID-19

- All COVID-19 vaccines currently available in the United States have been shown to be highly effective at preventing COVID-19.
- All COVID-19 vaccines that are in development are being carefully evaluated in clinical trials and will be authorized or approved only if they make it substantially less likely you'll get COVID-19.
- Based on what we know about vaccines for other diseases and early data from clinical trials, experts believe that getting a COVID-19 vaccine may also help keep you from getting seriously ill even if you do get COVID-19.
- Getting vaccinated yourself may also protect people around you,
- Experts continue to conduct more studies about the effect of COVID-19 vaccination on severity of illness from COVID-19, as well as its ability to keep people from spreading the virus that causes COVID-19.

COVID-19 vaccination is a safer way to help build protection

 COVID-19 can have <u>serious</u>, <u>life-threatening</u> <u>complications</u>, and there is no way to know how COVID-19 will affect you. And if you get sick, you could spread the disease to friends, family, and others around you.

- Clinical trials of all vaccines must first show they are safe and effective before any vaccine can be authorized or approved for use, including COVID-19 vaccines. The known and potential benefits of a COVID-19 vaccine must outweigh the known and potential risks of the vaccine for use under what is known as an Emergency Use Authorization (EUA).
- protection, known as immunity. Current evidence suggests that reinfection with the virus that causes COVID-19 is uncommon in the 90 days after initial infection. However, experts don't know for sure how long this protection lasts, and the risk of severe illness and death from COVID-19 far outweighs any benefits of natural immunity. COVID-19 vaccination will help protect you by creating an antibody (immune system) response without having to experience sickness.
- Both natural immunity and immunity produced by a vaccine are important parts of COVID-19 disease that experts are trying to learn more about, and CDC will keep the public informed as new evidence becomes available.

COVID-19 vaccination will be an important tool to help stop the pandemic

- Wearing masks and social distancing help reduce your chance of being exposed to the virus or spreading it to others, but these measures are not enough. Vaccines will work with your immune system so it will be ready to fight the virus if you are exposed.
- The combination of getting vaccinated and following CDC's recommendations to protect yourself and others will offer the best protection from COVID-19.
- Stopping a pandemic requires using all the tools we have available. As experts learn more about how COVID-19 vaccination may help reduce spread of the disease in communities, CDC will continue to update the recommendations to protect communities using the latest science.

Issue #04 Page 29

What to Expect at Your Appointment to Get Vaccinated for COVID-19 Updated Feb. 11, 2021

It's important for everyone to continue using all the tools available to help stop this pandemic as we learn more about how COVID-19 vaccines work in real-world conditions. Cover your mouth and nose with a mask when around others, stay at least 6 feet away from others, avoid crowds, and wash your hands often.



Because COVID-19 is a new disease with new vaccines, you may have questions about what happens before, during, and after your appointment to get vaccinated. These tips will help you know

what to expect when you get vaccinated, what information your provider will give you, and resources you can use to monitor your health after you are vaccinated.

Before Vaccination

- See if COVID-19 vaccination is recommended for you right now.
- Learn more about the different types of COVID-19 vaccines and how they work.
- Learn more about the benefits of getting a COVID-19 vaccination.
- When you get the vaccine, you and your healthcare worker will both need to wear masks that cover your nose and mouth. Stay 6 feet away from others while inside and in lines. Learn more about protecting yourself during visits to the doctor or a pharmacy.

Getting a COVID-19 vaccine with other vaccines

Wait at least 14 days before getting any other vaccine, including a flu or shingles vaccine, after you get your COVID-19 vaccine. Or if you get any other vaccine first, wait at least 14 days before getting your COVID-19 vaccine.



If you get a COVID-19 vaccine within 14 days of another vaccine, you do not need to be revaccinated with either vaccine. You should still complete both vaccine series on schedule.

When we have more data on the safety and effectiveness of COVID-19 vaccines given at the same time as other vaccines, CDC may update this recommendation.

When You Get Vaccinated

- You should receive a vaccination card or printout that tells you what COVID-19 vaccine you received, the date you received it, and where you received it.
- You should receive a paper or electronic version of a fact sheet that tells you more about the specific COVID-19 vaccine you are being offered. Each authorized COVID-19 vaccine has its own fact sheet that contains information to help you understand the risks and benefits of receiving that specific vaccine.
- All people who get a COVID-19 vaccine should be monitored on-site. Learn more about COVID -19 vaccines and rare severe allergic reactions.

After Vaccination

What to Expect after Getting a COVID-19 Vaccine

Learn about common side effects and get helpful tips on how to reduce your pain and discomfort After Getting a Vaccine

- With most COVID-19 vaccines, you will need two shots in order for them to work. Get the second shot even if you have side effects after the first one, unless a vaccination provider or your doctor tells you not to get a second shot.
- Ask your healthcare provider about getting started with v-safe, a free, smartphone-based tool that uses text messaging and web surveys to provide personalized health check-ins after you receive a COVID-19 vaccination. V-safe also reminds you to get your second dose if you need one. Learn more at www.cdc.gov/vsafe.
- It takes time for your body to build protection after any vaccination. COVID-19 vaccines that require 2 shots may not protect you until a week or two after your second shot.

Content source:

https://www.cdc.gov/ncird/index.html https://www.cdc.gov/ncird/dvd.html



Myths and Facts about COVID-19 Vaccines

Updated Feb. 3, 2021

Now that there are authorized and recommended COVID-19 vaccines in the United States, accurate vaccine information is critical.

How do I know which sources of COVID-19 vaccine information are accurate?

It can be difficult to know which sources of information you can trust. Learn more about finding credible vaccine information at: https://www.cdc.gov/vaccines/vac-qen/evalwebs.htm

What You Need to Know about Vaccines

- Frequently Asked Questions about Vaccination (https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fag.html)
- 8 Things to Know About the Vaccination Program (https://www.cdc.gov/coronavirus/2019-ncov/vaccines/keythingstoknow.html?
 CDC AA refVal=https%3A%2F%
 2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fvaccines%2F8-things.html)

Can a COVID-19 vaccine make me sick with COVID-19?

No. None of the authorized and recommended COVID-19 vaccines or COVID-19 vaccines currently in development in the United States contain the



live virus that causes COVID-19. This means that a COVID-19 vaccine cannot make you sick with COVID-19.

There are several different types of vaccines in development. All of them teach our immune systems how to recognize and fight the virus that causes COVID-19. Sometimes this process can cause symptoms, such as fever. These symptoms are normal and are a sign that the body is building protection against the virus that causes COVID-19. Learn more about how COVID-19 vaccines work.

It typically takes a few weeks for the body to build immunity (protection against the virus that causes COVID-19) after vaccination. That means it's possible a person could be infected with the virus that causes COVID-19 just before or just after vaccination and still get sick. This is because the vaccine has not had enough time to provide protection.

After getting a COVID-19 vaccine, will I test positive for COVID-19 on a viral test?

No. Neither the recently authorized and recommended vaccines nor the other COVID-19 vaccines

currently in clinical trials in the United States can cause you to test positive on viral tests, which are used to see if you have a current infection.



If your body develops an immune response—the goal of vaccination—there is a possibility you may test positive on some antibody tests. Antibody tests indicate you had a previous infection and that you may have some level of protection against the virus. Experts are currently looking at how COVID-19 vaccination may affect antibody testing results.

If I have already had COVID-19 and recovered, do I still need to get vaccinated with a COVID-19 vaccine?

Yes. Due to the severe health risks associated with

COVID-19 and the fact that re-infection with COVID-19 is possible, vaccine should be offered to you regardless of whether you already had COVID-19 infection. CDC is providing recommendations to federal, state, and local governments about who should be vaccinated first.



At this time, experts do not know how long someone is protected from getting sick again after recovering from COVID-19. The immunity someone gains from having an infection, called natural immunity, varies from person to person. Some early evidence suggests natural immunity may not last very long.

We won't know how long immunity produced by vaccination lasts until we have more data on how well the vaccines work.

Both natural immunity and vaccine-induced immunity are important aspects of COVID-19 that experts are trying to learn more about, and CDC will keep the public informed as new evidence becomes available.

Will a COVID-19 vaccination protect me from getting sick with COVID-19?

Yes. COVID-19 vaccination works by teaching

your immune system how to recognize and fight the virus that causes COVID-19, and this protects you from getting sick with COVID-19.



Being protected from

getting sick is important because even though many people with COVID-19 have only a mild illness, others may get a severe illness, have long-term health effects, or even die. There is no way to know how COVID-19 will affect you, even if you don't have an increased risk of developing severe complications. Learn more about how COVID-19 vaccines work.

Will a COVID-19 vaccine alter my DNA?

No. COVID-19 mRNA vaccines do not change or interact with your DNA in any way.

Messenger RNA vaccines also called mRNA vaccines are the first COVID-19 vaccines authorized for use in the United States. mRNA vaccines



teach our cells how to make a protein that triggers an immune response. The mRNA from a COVID-19 vaccine never enters the nucleus of the cell, which is where our DNA is kept. This means the mRNA cannot affect or interact with our DNA in any way. Instead, COVID-19 mRNA vaccines work with the body's natural defenses to safely develop immunity to disease. Learn more about how COVID-19 mRNA vaccines work.

At the end of the process, our bodies have learned how to protect against future infection. That immune response and making antibodies is what protects us from getting infected if the real virus enters our bodies.

Is it safe for me to get a COVID-19 vaccine if I would like to have a baby one day?



Yes. People who want to get pregnant in the future may receive the COVID-19 vaccine.

Based on current knowledge, experts believe that COVID-

19 vaccines are unlikely to pose a risk to a person trying to become pregnant in the short or long term. Scientists study every vaccine carefully for side effects immediately and for years afterward. The COVID-19 vaccines are being studied carefully now and will continue to be studied for many years, similar to other vaccines.

The COVID-19 vaccine, like other vaccines, works by training our bodies to develop antibodies to fight against the virus that causes COVID-19, to prevent future illness. There is currently no evidence that antibodies formed from COVID-19 vaccination cause any problems with pregnancy, including the development of the placenta. In addition, there is no evidence suggesting that fertility problems are a side effect of ANY vaccine. People who are trying to become pregnant now or who plan to try in the future may receive the COVID-19 vaccine when it becomes available to them.

Content source: National Center for Immunization and Respiratory Diseases (NCIRD), Division of Viral Diseases

From the Hualapai Incident Command Team

<u>PUBLIC</u> <u>ANNOUNCEMENT</u>

FOOD SALES ARE NOT PERMITTED

in our community. Due to that we are still in a Pandemic and according to CDC guidelines.

Please call ICT (928)769-0001, 0002, 0003 for more information

COVID-19 Vaccination Questions & Answers

What are the benefits of getting a COVID-19 vaccine?

Getting a COVID-19 vaccine can help protect you by creating an antibody response in your body without you having to become sick with COVID-19. It can also help prevent you from getting COVID-19. The vaccination can also help protect people around you from getting COVID-19, specifically those people who are at high risk of severe illness from COVID-19.

What COVID-19 vaccines have been approved and how do they work?

There are several vaccines in clinical trials. The FDA has given emergency use authorization to the Pfizer/BioNTech COVID-19 vaccine. Data must show that the vaccines are safe and effective before the FDA will give emergency use authorization.

What is an Emergency Use Authorization (EUA)?

In certain emergency situations, the Food and Drug Administration (FDA) may issue an Emergency Use Authorization to provide more timely access to critical medical products when there are no other options available.

An EUA permits the FDA to release unapproved medical products or allow for unapproved uses of medical products that have met certain criteria, to treat, diagnose, or prevent serious or life-threatening diseases.

You will receive a copy of the EUA form when you get the vaccination.

What is known about the Pfizer/BioNTech vaccine?

The vaccine requires 2 separate injections given 21 days apart. The data has shown that the vaccine starts working soon after the first dose and has an efficacy rate of 95% seven days after you receive the second dose. This indicates that about 95% of people who get the vaccine are protected from becoming seriously ill with the virus. The vaccine is for ages 16 and older.

Can a COVID-19 vaccine give you COVID-19?

The answer is no. The current vaccines being developed in the United States do not use the live virus that causes COVID-19.

What are the possible side effects of a COVID-19 vaccine?

The vaccine can cause mild side effects, including:

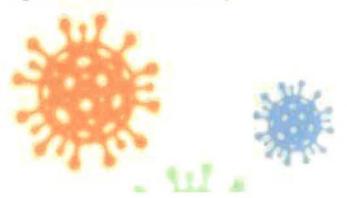
- · Pain, redness or swelling where the shot was given
- Fever
- Fatigue
- Headache
- Muscle pain
- · Chills
- Joint pain.

Having side effects does not mean that you have the COVID-19 virus. Take time to rest and recover. If you develop a fever stay home. However, it is not necessary to get a COVID-19 test or to quarantine.

Will I need to be monitored after getting the vaccine?

You will be monitored for 15 minutes after getting the vaccine to ensure that you do not have an immediate allergic reaction.

Signs of an allergic reaction can include: hives, swelling of the face and throat, difficulty breathing, fast heart rate, dizziness, and weakness. If you have any of these signs seek medical care immediately.



COVID-19 Vaccination Questions & Answers

Should I get the COVID-19 vaccine even if I've already had COVID-19?

There may be some natural protection or immunity from reinfections of the virus. However, it is not clear how long this protection lasts. Because it is possible to get re-infected, it is recommended that you get the vaccine. It is recommended that if you've had the virus that you wait 90 days after the virus to get the COVID-19 vaccine.

Can I stop taking safety precautions after getting a COVID-19 vaccine?

Centers for Disease Control and Prevention (CDC) recommends continuing to follow these practices:

- Avoid close contact (within 6 feet distance)
- Continue wearing face coverings in public places.
- Wash your hands with soap and water or use an alcohol-based hand sanitizer, cover your mouth and nose when you cough or sneeze. Clean and disinfect high-touch surfaces often.
- Stay home if you are sick.

Is it safe to get a COVID-19 vaccine if I have an underlying medical condition?

Yes, it is especially important for those that have chronic health problems like heart disease, lung disease, diabetes, and obesity. You are at higher risk for getting very sick from the virus.

Is it better to get natural immunity to COVID-19 rather than immunity from a vaccine?

We do not know how long you are protected from the virus after recovering from COVID-19. The vaccination is the best protection, and it is safe.



What is herd immunity? How many people need to get vaccinated to develop community immunity from COVID-19?

Herd immunity means that enough people have developed immunity to a disease (either naturally or through vaccination) that there is no longer a risk of community transmission or outbreaks. Until we better understand COVID-19 immunity, we won't know the percent of people needed for herd immunity.

Will I be given a vaccination card?

When you get the vaccine, you be giving a vaccination card. It is important for you keep track of which vaccine you received and the dosage. It will also serve as a reminder on when you are to get the second dose. The card is something you should keep as it could be important as proof of vaccination.

Will the vaccine be mandated for all healthcare workers?

No, but it is highly encouraged that you get the vaccine to protect yourself and the patients that you care for.

Should pregnant or breastfeeding women take the COVID-19 vaccine?

The Society for Maternal-Fetal Medicine (SMFM), The American College of Obstetricians and Gynecologists (ACOG), and the National Academy of Medicine recommends that pregnant healthcare workers be offered the vaccination. We recommend that you discuss vaccine options with your healthcare provider if you are pregnant or breastfeeding.

References

www.cdc.gov/coronavinus/2019-ncov/vaccines/faq.html www.acog.org/clinical/clinical-guidance/practice-advisory/ articles/2020/12/vaccinating-pregnant-and-lactatingpatients-against-covid-19

www.fda.gov/emergency-preparedness-and-response/ coronsvirus-disease-2019-covid-19/covid-19-frequentlyasked-questions

www.hopkinsmadicine.org/coronavirus/covid-19-vaccine/ for-patients.html





NEW COVID-19 VARIANTS

WHAT WE KNOW

Viruses constantly change through mutation, and new variants of a virus are expected to occur over time.

Sometimes new variants emerge and disappear. Other times, new variants emerge and persist. Multiple variants of the virus that causes COVID-19 have been documented in the United States and globally during this pandemic.



The virus that causes COVID-19 is a type of coronavirus, a large family of viruses. Coronaviruses are named for the crown-like spikes on their surfaces. Scientists monitor changes in the virus, including changes to the spikes on the surface of the virus. These studies, including genetic analyses of the virus, are helping us understand how changes to the virus might affect how it spreads and what happens to people who are infected with it.

WHAT WE DO NOT KNOW

Scientists are working to learn more about these variants, and more studies are needed to understand:



- How widely these new variants have spread
- · How the new variants differ
- How the disease caused by these new variants differs from the disease caused by other variants that are currently circulating

WHAT IT MEANS

Public health officials are studying these variants quickly to learn more to control their spread. They want to understand whether the variants:

- Spread more easily from person to person
- Cause milder or more severe disease in people
- Are detected by currently available viral tests
- Respond to medicines currently being used to treat people for COVID-19
- Change the effectiveness of COVID-19 vaccines.

There is no evidence that this is occurring, and most experts believe this is unlikely to occur because of the nature of the immune response to the virus.

WHAT CDC IS DOING

CDC, in collaboration with other public health agencies, is monitoring the situation closely. CDC is working to detect and characterize emerging viral variants and expand its ability to look for COVID-19 and new variants.

Furthermore, CDC has staff available on-the-ground support to investigate the characteristics of viral variants. CDC is collaborating with EPA to confirm that disinfectants on EPA's List N: Disinfectants for Coronavirus (COVID-19)external icon inactivate these variant viruses. As new information becomes available, CDC will provide updates.

All information cited from CDC.gov





Attention

Starting February 13,2021
(Saturday)
ICT will no longer be delivering market orders on weekends.

All orders will be accepted and delivered under the Walapai Market's discretion.

If you have any question please feel free to contact ICT at 928.769.0001,0002 or 0003 or Walapai Market 928.769.1500

12 Tested. 00 New Positives. 04 Recoveries. 00 Hospitalized. 300 Overall Positives.

Our priority is the safety and health of the Hualapai Tribe. The Incident Management Team along with all of tribal departments and Indian Health Services are working together to prepare and respond to COVID-19 cases.

INCIDENT MANAGEMENT

COVID TRACKER

April 2020 - February 18, 2021

	Hualapai Residing on Boundary IHS-PSA	Hualapai Residing off Boundary IHS-PSA	Non- Member Residing on Boundary IHS-PSA	Non-Member associated with Tribe not residing on Boundary IHS-PSA	Total	↔ • Û
Current Tracker	04	00	00	00	04	û
Overall Positive	225	28	21	25	300	+
Recovered	211	26	21	25	283	•
Currently Hospitalized	00	00	00	00	00	+
Deaths	12	00	01	00	13	+

Represents:



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No Change

Information from Indian Health Services- Peach Springs Service Area



HUALAPAI TRIBAL COUNCIL RESOLUTION NO. 54-2020 OF THE GOVERNING BODY OF THE HUALAPAI TRIBE OF THE HUALAPAI RESERVATION

Color Coding COVID19 Alert System

WHEREAS, the Hualapai Tribe is a federally recognized Indian Tribe located on the Hualapai Indian Reservation in Northwestern Arizona; and

WHEREAS, the Hualapai Tribal Council has the power to represent the Tribe and act in all matters
That concern the welfare of the Tribe pursuant to Article V (r) of the Hualapai
Constitution; and

WHEREAS, the Hualapal declared a State of Emergency in connection with COVID-19 on March 17th, 2020; and

WHEREAS, The Tribal Incident Command Team (ICT) has prepared an Emergency Measure Order's listed below to protect the Hualapai community by limiting exposure to COVID-19 and to limit community movement; and

WHEREAS, The Hualapai Tribal Council Passed Resolution 18-2020, with necessary measures to fulfill the mission of COVID-19 mitigation; and

WHEREAS, The Hualapai Tribal Police Department, and authorized commissioned officers are to Issue citations and implement Section 6.92 "endangerment" (Tribal Resolution 26-2020) Shall be as a civil sanction:

WHEREAS, The Incident Commander shall notify the Tribal Council to any escalation or deescalation event

WHEREAS, the Intent of the orders listed below are to limit COVID-19 spread and protect the Hualapai community

THEREFORE IT BE RESOLVED,

The Hualapai Tribal Council gives the authority to determine the following, of escalating and deescalating COVID-19 Response based on a Color Coding Alert System to the Incident Commander of the ICT to negate the impacts of COVID-19 to preserve public health to the greatest extent possible and to slow the spread of COVID-19.

The Color Coding Alert System to escalation and de-escalation shall be determined based on following specific to the Hualapai Reservation, and shall be applicable three (3) days after determination of the escalating or deescalating COVID-19 Response.

Color Coding Alert System does not cease or replace prior resolutions in regards to COVID-19 Response and Protection of the Hualapai Reservation, the color coding alert system identifies the escalating and deescalating of the COVID-19 Response.

Escalation and de-escalation determination shall be as follows:

Color Coding COVID19 Alert System:

Red Alert:

COVID Pandemic still active, COVID 19 Community Spread is evident through contact tracing. 14 Day Lockdown of the Hualapai Reservation implemented regarding Resolution 38 to slow the spread of the virus. Households placed on isolation-Quarantine status until determined recovered from the virus, Curfew from the hours of 8pm to 5am daily to slow the spread of the COVID-19 virus.

If statistical data indicates continued growth of Community Spread, lockdown shall be extended to, and shall not exceed 21 days total.

Lockdown shall temporarily prohibit all activities, to include nonessential tribal employees working. Essential and non-essential employment shall be at the discretion of the tribal council or department head.

Orange Alert:

COVID-19 Pandemic still active, COVID-19 case(s) on the Hualapal Reservation with no community spread according to Contact Tracing. Households placed on Isolation-quarantine status until determined recovered. Stay at Home Order as per resolution 36-2020 remain in effect for a period of time while COVID-19 virus is active on the Hualapai Reservation until determined no COVID-19 Cases are actively being monitored. Curfew from the hours of 8pm to 5am daily to slow the spread of the COVID-19 virus.

Stay at Home Order in effect, limited access shall be allowed on the reservation to only essential functions including work, financial obligations, school, legal and legislative matters, and a curfew order shall be in effect from the hours of 8PM to 5AM daily.

While the Stay at Home Order is in effect, persons entering and exiting the reservation are subject to visual inspection at inspection points located throughout the reservation when entering or leaving and shall limit their travel through the inspection station to 2 trips per day for essential matters only. Persons are limited to only persons from the same household within a vehicle while traveling.



Blue Alert: COVID-19 Pandemic still active. No active COVID 19 cases on the

Hualapai Reservation. No Community Spread. Curfew from the hours of 8pm to 5am daily to slow the spread of the COVID-19 Virus. Limiting travel off the reservation is discouraged to help control the virus and limit travel for essential needs. All COC guidelines followed for

precautions to avoid the virus.

i.e. properly wearing a Face masks, properly washing hands, sanitizing

and social distancing.

Green Alert: COVID 19 Pandemic Ceased, lowest risk,

Vaccine available.

THEREFORE IT BE FURTHER RESOLVED.

Fines and penalties shall apply for persons that violate following:

Stay at Home Order

Lockdown

Isolation/Quarantine

CERTIFICATION

I, the undersigned as Chairman of the Hualapai Tribal Council hereby certify that the Hualapai Tribal council of the Hualapai Triba is composed of 9 members of whom eight (8) constituting a quorum were present at a Regular Council Meeting held on this 4th day of September, 2020, and that the foregoing resolution was duly adopted by a vote of 8 approve, 0 not voting, 1 excused; pursuant to authority of Article V, Section A, of the Constitution of the Hualapai Tribe approved March 13, 1991.

ATTEST:

U

Dr. Damon R. Clarke, Chairman

Hualapai Tribal Council

Shanna Salazar, Administrative Assistant

Hualapai Tribal Council



RED Blue Green)range COVID 19 Case(s) No Cases No Cases Community Spread Community Spread High None Vaccine Curfew Curfew Curfew Available Community Stay ome Lockdown Alert Order

EDUCATION & TRAINING INFORMATION

Vacant Governing School Board Position • Valentine Elementary School District
Submitted by: Adeline Crozier | Hualapai Tribal Administration

Valentine Elementary School District No. 22 HC 35 Box 50 12491 N. Byers Peach Springs, AZ 86434-9650 Telephone (928) 769-2310 • Facsimile (928) 769-2389 www. Valentine AZ.net

Home of the Eagles

February 10, 2021

VALENTINE ELEMENTARY SCHOOL DISTRICT #22 VACANT GOVERNING SCHOOL BOARD POSITION

Valentine Elementary School District #22 has one (1) vacant school board position following the retirement of 12 -year board member Charlie Chamberlain. A candidate must be a current resident of and have lived within the Valentine Elementary School District boundaries for at least a year prior to appointment.

The term of the appointment is from April 13, 2021, until December 31, 2022. The candidate must win in the November 1, 2022, general election in order to complete the balance of the four-year term through December 31, 2024.

If you are interested in becoming a board member, please send a resume and letter of interest to the Valentine Elementary School District: by mail to HC 35 Box 50, Peach Springs, AZ 86434; by fax to 928-769-2389; or by email to supt.valentine@gmail.com

Interested parties must submit their materials to the district by noon on March 5, 2021. Candidates must be available to be interviewed beginning at 4:30 pm at the regular school board meeting on March 9, 2021.

Hualapai Department of Education & Training • Higher Education Program Extended Submitted by: Misty Watahomigie | Hualapai Department of Education & Training



HUALAPAI HIGHER EDUCATION FUNDING PROGRAM APPLICATION

...TO MARCH 01, 2021

Please send in documents as soon as possible!

The sooner the better for application review

Hualapai Education & Training Center

928-769-2200

Hualapaleducationdepartment@gmail.com

NAU 2021 Student Summer Internship • Deadline: Friday, February 26th Submitted by: Elisabeth Alden | UofA Extension Office





Institute for Tribal Environmental Professionals 2021 Student Summer Internship Apply now for a paid 8-week summer internship.

Spend your summer working with tribal organizations to address tribal environmental issues. The internships have a technical, educational or policy focus. We are offering at least 8 positions in air quality. The internship program provides each student intern with a \$4,800 stipend. We are planning for internships to be remote, so most interns will work from their home or school site. Host sites are selected from tribal environmental organizations, government offices, the US Environmental Protection Agency (USEPA) and others.

Eligible students must meet the following:

- US Citizen
- Identify as Native American/Alaska Native
- Full-time undergraduate or graduate college student during Spring 2021 (12 hours undergrad, 9 hours grad) at any tribal college, college or university
- Have at least a 2.5 cumulative GPA
- Majoring in an environmental or related field like science, engineering, planning, policy, law, management, political science, anthropology, or health
- Interested in pursuing an environmental career after graduating
- Proficient verbal and written communication skills
- Strong interest in working with Native American tribes or topics
- If you need an exception for any of the above requirements, contact EEOP-INTERN@nau.edu

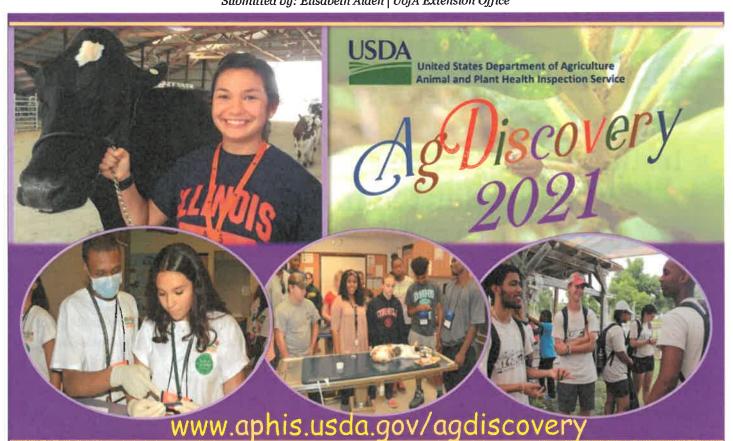
Please register at the following website for more information: nau.edu/itepinterns

For details about how to apply, see thee ITEP internship website. You can view host site descriptions and submit your preferences for the host sites you desire.

Deadline: February 26, 2021



USDA AgDiscovery 2021 • Deadline: Thursday, March 25th Submitted by: Elisabeth Alden | UofA Extension Office



AgDiscovery is a unique opportunity for students to explore agricultural sciences, and gain knowledge about careers in animal and plant disciplines, wildlife management, veterinary medicine, biotechnology, entomology, food safety, food production, agribusiness, forestry, and MUCH more! Students experience hands-on learning workshops, behind-the-scenes tours, laboratory and field exercises, in addition to a variety of cultural and teambuilding activities.

AgDISCOVERY 2021 WILL BE CONDUCTED NATIONWIDE AT THE FOLLOWING UNIVERSITIES:

- Alcorn State University (June 13-25)
- California State University, Fresno (June 6-19)
- Coppin State University (July 11-24)
- Delaware State University (July 5-17)
- Florida A&M University (June 13-26)
- Fort Valley State University (June 7-18)
- Iowa State University (June 13-26)
- Kentucky State University (June 6-19)
- Lincoln University (July 11-24)
- North Carolina State University (June 14-25)

- Prairie View A&M University (June 14-25)
- Purdue University (July 11-24)
- * Tuskegee University (June 5-19)
- University of Arizona (June 14-25)
- University of Arkansas Pine Bluff (June 12-25)
- University of Hawaii at Mānoa (July 11-24)
- * University of Illinois Urbana-Champaign (July 11-31)
- University of Maryland College Park (July 11-30)
- University of Maryland Eastern Shore (June 13-26)
- * University of the Virgin Islands (July 18-31)
- Virginia State University (July 14-23)



HEALTH & SAFETY INFORMATION

Employees Working for Health • 2021 Baseline Assessments Enrollment Submitted by: Trena Bizardi | Hualapai EW4H



2021 BASELINE ASSESSMENTS ENROLLMENT



1

CALL 7692644/1630 TO SCHEDULE APPT. OR WALK IN

2

15 MINUTES

To complete survey, weigh in and check alc levels. If you completed last assessment within 3 months, give us a call.

3

RECEIVE INCENTIVE AFTER ASSESSMENT

After enrollment, you are eligible to receive and earn points toward other incentives

4

STAY INFORMED-A1C GREATER THAN 5.6 IS PRE-DIABETES

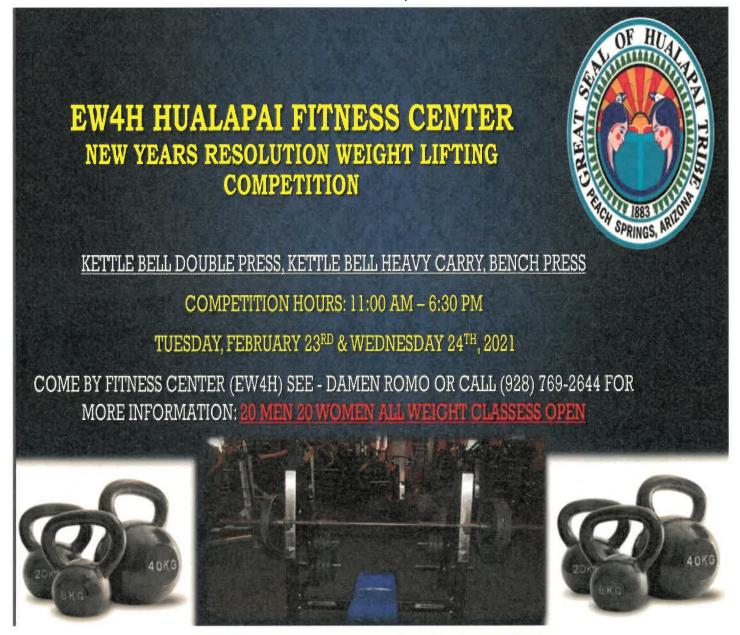
FOR MORE INFO: CALL 7692644/1630

MUST COMPLETE ASSESSMENT BY FEBURARY 26



EW4H Hualapai Fitness Center • New Year's Resolution Weight Lifting Competition

Submitted by: Athena Crozier | Hualapai EW4H



EW4H HUALAPAI FITNESS CENTER

NEW YEARS RESOLUTION WEIGHT LIFTING COMPETITION

February 23RD AND February 24th 2021

OPEN-COMPETITION RULES

Competition will be based on **Time** or **Total** amount of weights lifted. There will be two attempts.

Kettle Bell Double Press: Total amount of weight pressed.

Kettle Bell Heavy Carry: Total amount of time kettle bells are held while walking.

Bench Press: Total amount of weight that is pressed.

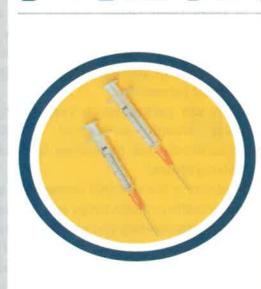
What are RNA Vaccines and How Do They Work?

Submitted by: Rebecca Rice | Peach Springs Indian Health Service

Untreasisted regions Regions which destrooms code for presides.

WHAT ARE RNA VACCINES AND HOW DO THEY WORK?





the virus penalitate colus and initiates an infection.

The virus's genetic meterfal. Centains instructions for

ViraLRMA -

making proteins

SARS-CoV-2

The genetic code of the SARS-CoV-2 virus is made up of RNA. Scientists isolated the part of this genetic code that contains

the instructions for making the virus's spike protein.

IPID NANDPARTICLES

Spiles protok Protein which helps

WHAT ARE RNA VACCINES?

RNA VACCINES FOR COVID-19

Several proposed vaccines for COVID-19 are RNA vaccines They can be based on two different types of RNA.

mRNA vaccines

saRNA vaccine

Imperial College Arcturus

> Pfizer & BioNTech CureVac

Moderna

MRNA AND ... RNA WHAT'S THE DIFFERENCE?

The structures of mRNA and saRNA are similar but have a key difference, as the diagrams below show.

mRNA stands for messenger ribonucleic acld MRNA

NGA cap Steps (Nich breaking down; belps start

profesio synthesis in human colla.

- Poly-Atal

Lang chain of ademies (A) basses which holp stabilise the DVA

saRNA stands for self-amplifying ribonucleic acid

 Code for whell replicates engrave
 Once in hom an cells, the creation of the viral replicate Higher capted of the virial Riba entry to belot make

makes the cost per dose lower and means higher numbers of As saRNA produces more copies of itself once it's in a cell, It can be given in smaller doses than mRNA vaccines. This doses can be produced from the same volume of vaccine.

RNA VACCINES: BENEFITS AND CHALLENGES

Synthetic RNA which codes for the virus spike protein is packed

in lipid nanoparticles (very small fat droplets). This stops our

bodies' enzymes breaking it down and helps our cells take it in

RNA is easy to make in a lab, so RNA vaccines can be developed quicker than other vaccines

SAFETY OF THE VACCINES

World

Synthetic

BRIA

vaccine hasn't been licensed for use in humans RNA can't cause infection and is broken down before but they've been under development for several years for other viruses, including by normal processes in our cells, An RNA influenza, HIV, and Zika.



STORAGE AND TRANSPORT

follows the RNA instructions to produce the virus spike protein

Once the synthetic RNA is inside one of our cells, the cell

homer coll

its production then triggers an immune response in our bodies

temperatures to remain stable, which makes Some RNA vaccines must be stored at low storage and transport more challenging.

> 0 ROYAL SOCIETY OF CHEMISTRY

© Andy Brunning/Compound Interest 2020 for the Royal Society of Chemistry | www.compoundchem.com | @compoundchem @ () S = This cranhir is charsed under a Greative Common Afterhydran-NonCommonial-NonC fhis graphic is shared under a Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 licence



Teen Dating Violence Month • "Know Your Worth" Campaign

Submitted by: Jessica Powskey | Hualapai Health, Education & Wellness

Love is Respect Encourages Young Adults to 'Know Your Worth' in Campaign to Promote Healthy Relationships

February 1, 2021

AUSTIN, Texas, Feb. 2021 /PRNewswire/ -- One in every 10 teenagers will NATIONAL experience violence in a dating relationship. Raising awareness of what makes a relationship healthy and



the warning signs of abuse empowers young people to know that they deserve to be treated with respect and that abuse of any kind is unacceptable. This powerful information and support can shift the outcomes for teens and young adults, but also lower rates of domestic violence among adults - currently 1 in 4 women and 1 in 7 men will experience severe physical violence from an intimate partner. love is respect, a project of the National Domestic Violence Hotline, is leading a national effort offering 24/7 support to young people who have questions or concerns about their relationships. In February, the love is respect project will work alongside national, state, and local domestic violence prevention organizations, to promote Teen Dating Violence Awareness Month. The theme for 2021, chosen by college students across the country, is Know Your Worth.

"With early education, permanent connections and community support, we can transfer power to our young people to know that they deserve healthy, happy and safe relationships," said Debbie Powell, Deputy Associate Commissioner for the Family and Youth Services Bureau at the U.S. Department of Health and Human Services. "Teen Dating Violence Awareness Month is an important moment for teens, young adults, and those who love, teach, mentor, and support them to learn about the warning signs of dating violence and how to seek out healthy relationships."

The Know Your Worth campaign is grounded in the belief that everyone, regardless of sexual identity, race, or gender is worthy of respect. No one should ever feel unworthy of a respectful relationship or worthless. Throughout the month, love is respect and its partners will hold social media actions to empower teens and young adults to learn more about healthy relationships and to know the treatment they deserve.

"The challenges of isolation, stress, and financial strain being faced by survivors during this pandemic also extends to teens and young adults, and we anticipate there will be long-term effects on their health and safety," said Angela Lee, love is respect Director. "Teen Dating Violence Awareness Month offers a significant opportunity to create awareness around abuse, particularly during a time that is acutely challenging for survivors."

One in three teens report experiencing dating violence and 43% of college students report experiencing violent or abusive behaviors in relationships. The risks to survivors of abuse have been compounded by the COVID-19 pandemic.

Individuals can participate in Teen Dating Violence Awareness Month on social media through #KnowYourWorth and by visiting loveisrespect.org/ get-involved/tdvam/.

love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources. A project of the National Domestic Violence Hotline, love is respect offers 24/7 information, support, and advocates to young people who have questions or concerns about their romantic relationships. love is respect is a safe, inclusive space for young people to access help and information in a setting specifically for them. Learn more at loveisrespect.org

View original content to download multimedia: http://www.prnewswire.com/news-releases/love-isrespect-encourages-young-adults-to-know-yourworth-in-campaign-to-promote-healthy-relationships -301219327.html

SOURCE The National Domestic Violence Hotline

How to Manage Eating Disorders During the Coronavirus Pandemic

Submitted by: Jessica Powskey | Hualapai Health, Education & Wellness

How to Manage Eating Disorders During the Coronavirus Pandemic

There are several challenges, but there are also ways to cope.

By Vanessa Caceres, Contributor April 10, 2020

This article is based on reporting that features expert sources.

STAYING HOME AND physically distancing from others during the COVID-19 pandemic is tough for eve-

ryone, but can be more difficult for those with eating disorders, such as anorexia, bulimia or binge eating disorder.



"Coronavirus impacts all of us, but there are added stressors for those with eating disorders," says Claire Mysko, CEO of the National Eating Disorders Association. "Social distancing and isolation are in direct contradiction to what's emphasized in recovery."

Current Challenges

People are home all day and surrounded by food.

For those who have binge eating disorder, having an excess of food available could make them more likely to binge. Not only may there be more food than usual at home, but because of stay-at-home orders and self-quarantine guidelines, it's also much more accessible.

For those who tend to restrict their eating, this may have the opposite effect, making them conserve how much food they eat. The restriction may happen because of news reports or sightings of empty shelves at the supermarket, says Stacy Brooks, a writer in the Minneapolis area who has struggled with restrictive eating for 20 years.

Brooks feels unsafe having more food around the house, even though it's sometimes necessary due to recommendations on limiting grocery store runs and buying in bulk to ensure availability of food. She also finds herself struggling with the many food

labels available to read around the house, which can be tempting to use for calorie restriction. For instance, a person with disordered eating may focus intently on the labels to count calories and strictly limit the amount they eat.

In-person support is difficult or impossible.

For many in active recovery from an eating disorder, connecting with others in person is a common way to receive support, Mysko says.

Additionally, those living in residential treatment facilities can't receive visits from family or friends due to shelter-in-place restrictions. "Individuals are often unable to get the connection and support that they need and, as a result, return to unhealthy patterns of behavior," says Houston-based counselor Christine Brannan, who works with clients with addictive behaviors, substance abuse problems and eating disorders.

There are changes to the everyday routine.

Gyms are closed, and that may lead some people to restrict caloric intake because they have less of a chance to work off what they eat, says Kimberly M. Daniels, a clinical psychologist in Hartford, Connecticut, who specializes in eating disorders.

There also are changes to how people approach their food intake. "I have many clients who manage their overeating by packing their lunches and keeping limited food in their offices. Now that they're home, it's very hard for them to keep this same structure in place," Daniels explains.

Images and messages in the media may be triggers for unhealthy eating behaviors. Images on the news of empty food shelves can cause panic, even in those who don't have eating disorders, Daniels says.

Articles and videos on how to use each moment of your day at home for maximum productivity can bring out the not-healthy perfectionist side of those with eating disorders, Mysko adds. Memes on social media about dieting or gaining weight due to staying home all day also can be troubling for those with an eating disorder or in recovery. Additionally, all of the negative news about COVID-19 in the news and on

GAMYU



social media can lead some people to feel out of control. They may return to binging, purging or food restriction to help manage that out-of-control feeling, Brannan says.

Staying home with family members can be a trigger.

It could be a family member who has an eating disorder and talks about it frequently and tries to engage others into joining their eating behavior (such as binging). Or it could be a family member who polices the eating or weight of others. Another problem could be a family member who is dieting strictly, and that could lead someone with an eating disorder to begin restricting their own food intake.

8 Ways to Manage Eating Disorder Recovery During the Pandemic

Despite these challenges, there are ways to help manage your eating disorder struggles while sheltering in place and physically distancing.

Here are eight tips:

- 1. Accept that it's harder to manage your eating disorder right now. "It's OK to be struggling. You shouldn't feel guilty about it," Brooks says. This is a time more than ever to emphasize progress over perfection, Brannan advises.
- 2. Reach out. People with an eating disorder are usually good at isolating themselves, Mysko says. However, at this time, you should find ways to actively reach out to others for support. Aim to speak with a trusted family member, friend, support group or therapist each day, so you feel less alone, Brannan recommends. Conversely, if you know someone with an eating disorder, this is the time to reach out and see if they need additional emotional support.
- 3. Limit your social media and news feed. If news about the coronavirus is too anxiety-provoking, make plans to check the news just once a day, Brooks advises. Limit the number of media outlets you're checking. If watching the news is just too much, ask a family member or friend to keep you up-to-date on only what's necessary, Daniels suggests.

For social media, curate your feed, Mysko says. Unfollow accounts that provoke anxiety or negative feelings. Brooks also finds it helpful to log out of sites like Facebook or Twitter, so she's less tempted to check them so frequently.

4. Use teletherapy. Many therapists have switched to online sessions, so you can still make contact with a therapist even while staying home. In fact, online therapy is potentially great for those with eating disorders precisely because of the physical distancing, according to Daniels. One of her clients, she says, "felt so much shame about her weight that it was nearly impossible for her to come in for the first time."

However, not all clients have been able to continue online therapy due to financial concerns or lack of privacy due to others who are around them while in isolation, Daniels adds. Plus, "the insurance companies have been a disaster, so there is a huge amount of confusion about what's covered and what isn't," she says.

5. Take advantage of free online or phone-based resources. If you're not able to access teletherapy, there are online support groups and even social media feeds that can help manage eating disorder concerns. The National Eating Disorders Association has a series of Facebook Live videos that can help people cope, such as Eating Disorders in Midlife and Beyond and Family Dynamics During Quarantine.

You can also watch these sessions after they're live. There are registered dietitians on Instagram who are talking viewers through eating-related coping skills, such as how to eat a meal, Brooks says. In Brannan's area, the Houston Eating Disorders Anonymous group still meets twice a week by phone.

- 6. Practice good general health. This includes taking a walk, listening to music and practicing something to help keep you centered, such as yoga, meditation or journaling, Brannan recommends. Getting adequate sleep is important as well.
- 7. Keep a regular waking and sleeping daily routine. "This keeps your body working on a regular schedule," Daniels says. A regular daily routine can help keep some normalcy to your life and provide struc-

ture. It also gives you less time to think about what's happening in the world or to get distracted. In terms of hunger and a routine, make sure to check in with yourself regularly and eat when you are hungry to maintain your energy level, Daniels advises.

Call or text available helplines if you need them.

The National Eating Disorders Association helpline is open and available at 800-931-2237.

The Suicide Prevention Helpline can be reached at 800-273-8255.

The Crisis Textline is available by texting HOME to 741741.

All of these helplines are confidential and free. Many states have crisis and suicide hotline phone numbers as well.

COMMUNITY MESSAGES

Let Go and Let God!

Submitted by: Josie Powsey, Tribal Elder

Let go of your problems and let God handle them.

Let go of your hurt and let God heal you.

Let go of your fear and let God sustain you.

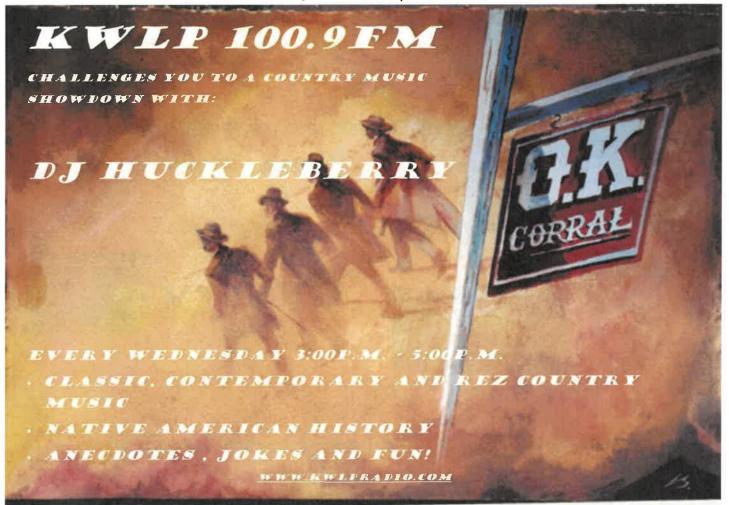
Let go of all your worries and let God bless you! Amen!

The devil likes to take what's beautiful and ruin it. God loves to take what's ruined and make it beautiful! Amen!

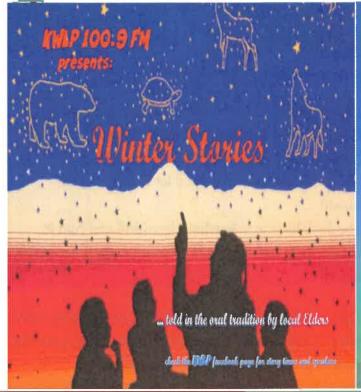
Take a deep breath and smile! Knowing that God's grace is sufficient. He stands ready to guide your day, your tomorrow, your forever! Amen!

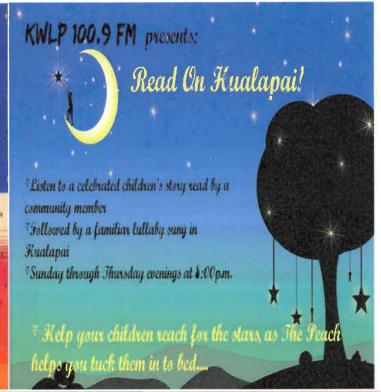
KWLP 100.9FM • Promos

Submitted by: Terri Hutchens | KWLP 100.9FM



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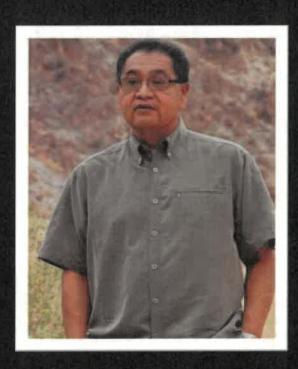
100.9 FM



TuneIn radio: KWLP

Always playing all kinds of music for all of Peach Springs

A beautiful soul is never forgotten



RUDY CLARK 1955-2020

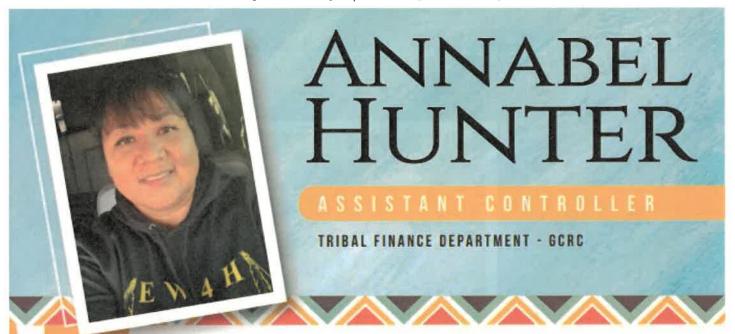
Those we love don't go away,
They walk beside us every day,
Unseen, unheard, but always near,
Still loved, still missed and very dear.
For death leaves a heartache
No one can heal.





Grand Canyon Resort Corporation • Employee Recognition

Submitted by: Leticia Morgan | Grand Canyon Resort Corporation



My name is Annabel Hunter. I am Hualapai and Havasupai.
My parents are Deloria Imus Walker and the late Wilfred
Walker Sr. My grandparents on my mother's side, is my
Goda, the late Laurabelle Querta Imus and my Gwawa, the late Norman Imus.
On my father's side, my monya, the late Mary Jane Jones Walker, she is from the
Havasupai Tribe and my grandfather, my bo'a is the late Willie Walker Sr. I am married and have 4 adult
children plus my daughter in-law and grandson. My husband is Bryson Hunter Sr., our oldest son, Andre
Wakayuta and his wife Kristen Wakayata and my lovely grandson Grant Wakayuta. My second eldest son
Bryson Hunter Jr, Jeffrey Hunter and Trina Hunter.

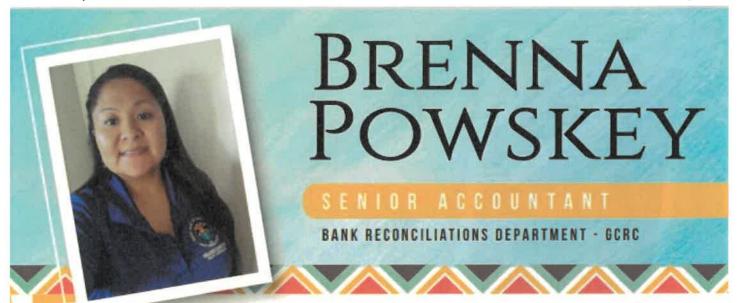
I am currently the assistant controller. I have been with GCRC for 14 ½ years now. When I began working with GCRC I worked in various departments in accounting such as fixed assets, payroll, accounts receivable and accounts payable. During my time with GCRC, I was promoted as the accounts payable supervisor, chief accountant then the assistant controller. Before I worked with GCRC, I worked with the Tribe's finance department for 11 years. I pretty much did the same thing, assisted in payroll, accounts payable and the finance director.

I did not have a degree in accounting, so I worked my way up from the bottom with all my experience and dedication to my job. For a long time, I took college classes at MCC, not knowing what degree I was interested in until I was promoted as accounts payable supervisor. I began my journey to pursue my degree in accounting in 2011. In 2016 I received my associates in accounting from MCC then in February of 2020 I received my bachelor's in accounting from Grand Canyon University. Working with the corporation has helped me to accomplish my goal after my promotions in the supervisory and management positions.

I am honored to be working with the company because our backyard is one of the most beautiful places on earth. I get to go out to GCW and conduct business and enjoy the view at the same time. I am an easy person to get along with, so it makes it easy to work with others and get things done as a team.

I am honored and blessed that I was recognized for my accomplishments. There are many challenges that we face but getting through it is what matters. I feel appreciated and want to continue to do better.

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I am Brenna Powskey, Senior Accountant in the Bank Reconciliations department and I am a Hualapai Tribal member. I am the daughter of Richard and Etta Powskey. My grandparents on my paternal side are the late Willie and Thelma Powskey Sr of Peach Springs, and my maternal grandparents are the late Jake and Katle Greymountain of Cedar Ridge, AZ. I am of the Big Sandy Band of the Hualapai Tribe, Tobacco clan of the Hopi Tribe and the Red Streak and Edgewater Zuni clans of the Navajo Tribe. I have four children, Mitchel and Leathen Beecher who are 16 and 15; and DawnRay and Jaxson Whatoname and they are 4 and 2.

I am blessed and thank God that I come from a big family, where both my parents, sisters, brothers', nieces, and nephews are super awesome and a great encouragement to me. I grew up in Northern Arizona in a small town called Fredonia and moved to Peach Springs when I was in 6th grade. God has been wonderful to me in providing me with a great family and a beautiful place to be raised. It has all played a huge part in my success.

Next month, I will be working for the Corporation for 10 years. I started as an Accounting Technician in the Bank Reconciliations department in February 2011 and within two years, I applied for the Senior Accountant position and was promoted. Since then, I have held this position. I was also involved in the donation committee in which I helped make decisions for GCRC donation requests and the planning committee that planned events for the Peach Springs community.

My goal is to one day work in the Forestry or Wildland Fire field. It has been an ambition of mine to work in a field where I can get my hands dirty, and to be in the outdoors is a hobby of mine. In the meantime, I balance out my hobby by hunting, getting wood or just taking a drive in the country. This past year I was excited for the pinions, so I made sure I got out there to harvest some from my family.

I received my Associates Degree in Business, with a concentration in Accounting in November 2020. This has been a long-term goal that was started when I was working for the Bureau of Indian Affairs, back in 2004. Many life challenges delayed my educational goals, but I am glad I was able to finally meet it. In December 2020, I was notified from the University of Phoenix that I was qualified and included on the Dean's List for achieving a GPA of 3.5 or higher.

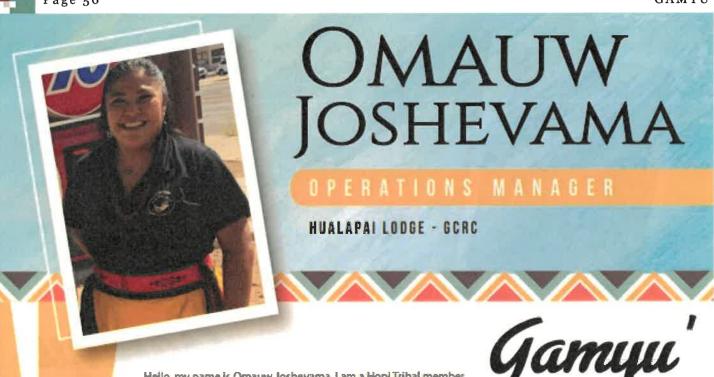
In the beginning, working for the corporation continued to help me achieve my goals by offering education assistance which was tuition reimbursement and education time off. After that time, it was self-determination and meeting a long-term goal that kept me motivated.

Some goals that I was excited to achieve while working with GCRC accounting was going from completing Bank Recs in 15 working days to less than 10 working days. The shortest time was 5 days. It has been important to me to always consider leaving enough time for the accounting team to complete financials and meet due dates. I look forward to improving the process and helping the accounting team find ways to be more efficient. The team that I work with are great group of people and my supervisors are a great encouragement to me. Their support and leadership have helped me develop so much understanding of GCRC operations and I plan to be here awhile longer to assist in helping GCRC be successful.

- Mah Hankyu

GAMYU





Hello, my name is Omauw Joshevama. I am a Hopi Tribal member and come from the Bear Strap Clan from the village of Songopavi.

My family and I move to the Kingman area in 2014, I have 6 children.

I started working for GCRC in 2016. Before working with GCRC I fived in the Tempe area and worked in the dental field for 17 years managing pediatric dental offices and doing dental billing from home. In 2015 I had hit a wall in my career and thought I would "take a break" and try something new. Although I grew up on Hopi, I had never worked on the reservation before moving away to continue my education.

I applied for the Administrative Assistant position with the Hualapai River Running Department because it seemed fun and adventurous. I did not realize what surprises and excitement were in store for me when I worked with River Running. After 8 months as an Administrative Assistant, applied for the Office Manager position which I enjoyed. Working with River Running was never the same from one day to the next or even from one hour to the next and that's what I enjoyed. I could be working in the office for the morning and then out in the field in the afternoon. I worked with River Running for a total of 2 ½ years.

In December of 2019, I was asked to help with the Lodge and was offered the Operations Manager position. I took this opportunity and continue to learn and grow and accept any new opportunity to grow professionally and pass on things I have learned to my team. Through this pandemic, everything has been so unpredictable, and we have all been challenged in various ways this past year.

The things I hold close during these challenging times are the teachings passed on to me from my Hopi upbringing and my Hopi beliefs. "Kyavtsi" means to maintain the highest degree of respect for obedience to the moral standards of ethics. "Sumi'nangwa" means to come together to do things for the benefit for all, out of a compelling desire and commitment to contribute something of value back to the community. "Nami'nangwa means to help one another (or give aid) in times of need, without having to be asked to do so and without expecting reward/compensation for the deed. "Hita'nangwa" means to have the initiative to take care of something without having to be instructed, asked or reminded regardless if anyone will notice your effort but knowing it will make a difference. "Pasi'nangwa" means to have characteristic qualities of humility, modesty, patience and to possess the ability to think things through carefully and thoroughly before reacting to and voicing opinion on issues.

I have to remind myself of these values daily and encourage my team that we all have to continue to push forward and remain flexible, adaptable, and resilient in order to persevere through the pandemic issues we all face. I want to acknowledge my teams at the Hualapai Lodge, Walapai Market and Diamond Creek Restaurant who continue to remain committed to working through the pandemic and trusting me to help guide them through the unknown. Asquali/Hankyu for the opportunity to help serve the Hualapai community and tribal members!